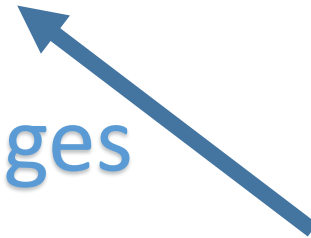


# *Thoughts*



# *Feelings*

Messages



*What can we do...*

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_