



MY PASSPORT

My name is



Environmental

1. Access to a quiet area if needed.
2. Gradual integration to communal areas.
3. Explore the surroundings and familiarise Michael with areas of concern.
4. Xxxx may benefit from eating and drinking away from crowds and loud noises, presently he won't eat or drink outside the home environment.

Physical

1. Try to encourage physical activities, not contact sports as he doesn't like to be touched or anyone in his personal space.
2. xxx does not like anyone touching him or his belongings.

Emotional

1. xxxxx struggles to identify his emotions and can find it very difficult to relay how he's feeling, you need to take a gentle approach to this with him. He may get very anxious and angry if he's constantly asked if "he's ok" or "what's wrong."
2. Try to take him out of a situation if he's becoming overwhelmed, sometimes going for a walk can help.

Social

1. Help and encourage xxx to form and maintain friends
2. Encourage him to interact with peers.
3. Time out when he needs it to regulate in certain situations

- Asthma
- ASD
- ADHD
- TIC's Disorder

P_{ersonal} W_{ellbeing} P_{lan}

Communication

1. Let xxx feel that his opinions are important and that he is being listened to.
2. Carefully word how you tell him off, take time out if necessary and try to explain the situation to him.
3. Let him feel like his side of the story is important and taken into account.
4. Shouting at Michael doesn't work, it makes him worse, slightly change the tone of your voice when telling him off.

Sensory

1. Loud noises and crowded areas can trigger a sensory over load, try to avoid if possible and if the situation can't be avoided make sure he is well prepared for the situation.
2. He struggles with touching certain items.

My family

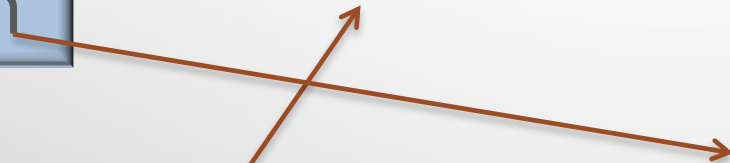
I AM _____

YEARS OLD

Mum

Dad

Sister



Important People in My Life

Price



I have Autism

I have ADHD

I have TICS Disorder

I have Asthma

I have a dog



ALLERGIES



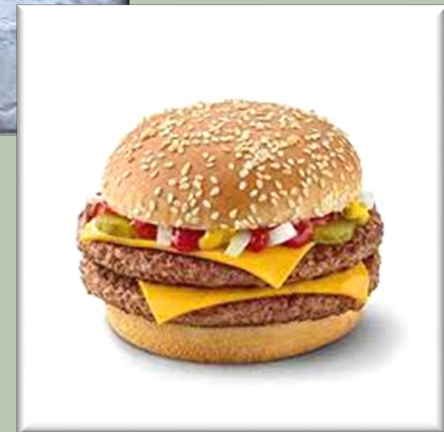
Animal Fur



I eat



I Do not Fat





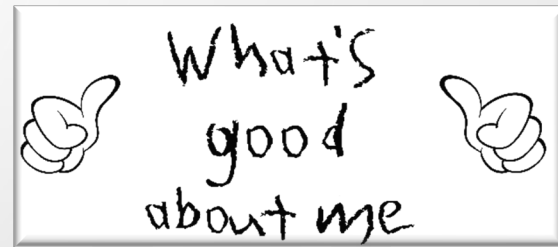
I have difficulties with

- Social Interaction
- Social Communication
- Flexibility of thought



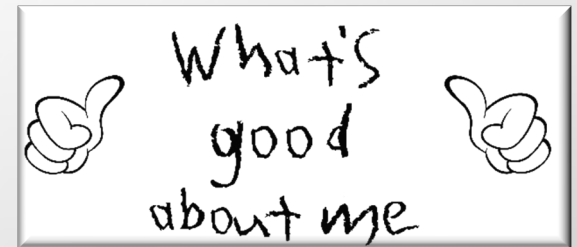
To me that means

1. I cannot look at you and listen at the same time
2. I really like talking about Star Wars and Video Games
3. I don't like restaurants or fast food places
4. I do like Brooklyn Nine-Nine, Avatar
5. I prefer to work on my own, I find group work difficult
6. I find it hard to concentrate in a noisy classroom
7. I find it hard to sit still



To me that means

1. I don't like playing with other people
2. I don't like talking to new people
3. I can follow instructions but I don't really like doing it.



Important People at School

Principal



Class teachers



Special needs assistant



Lunch supervisors

Friends



At school I like

Maths



Learning some new things

Maps



Computers



History



Playing with my friend
Amber



Space



I like

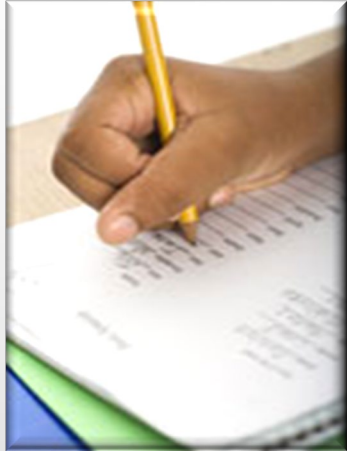
STAR
WARSM



降世神通
AVATAR
THE LAST AIRBENDER



At school I don't like



Writing



Painting



Canteen

Homework-Why?



The football team



Queuing

I don't like



I am a visual learner



That means I learn best by seeing information.

I like pictures, charts, or diagrams



UA	3200	Rome	12:00	B
TU	745	Tampa	13:00	B
AZ	403	Rom	12:00	B
DL	049	Salt Lake/Cincinnati	12:05	D
OQ	413	Salt	13:08	B
JP	113	Ljubljana	12:05	B
OS	398	Imbrouce	12:05	B
LH	5812	Klein Mof	12:08	78
LH	444	Atlanta	12:20	A
LH	3832	Gat	12:50	B
LH	4940	Edinburg	12:50	B
LH	4806	London-City	12:20	B
LH	3844	Rom	12:18	A
LH	5290	Prag	12:15	A
SK	2636	Stockholm	12:18	A
UA	817	Washington	12:20	B

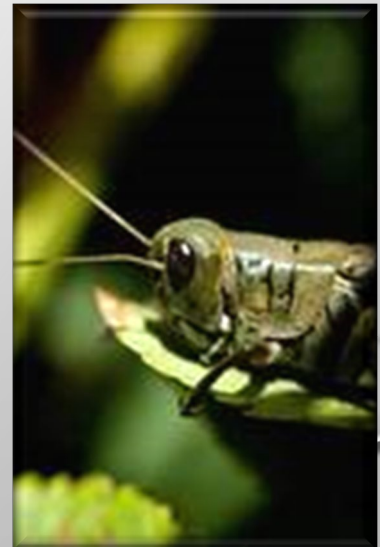


I can make "movies in my mind"

My Visual-spatial skills such as sizes, shapes, textures, angles, and three-dimensional depths are strong.

That's why I like Maths

I am a concrete learner



- Honesty
- Determined
- An expert



- Notice sounds others do not hear
- Kind
- Speak my mind

Good memory

- Acquire knowledge
- Logical thinker



- Enjoy solitude
- Perfectionist
- Reliable friend



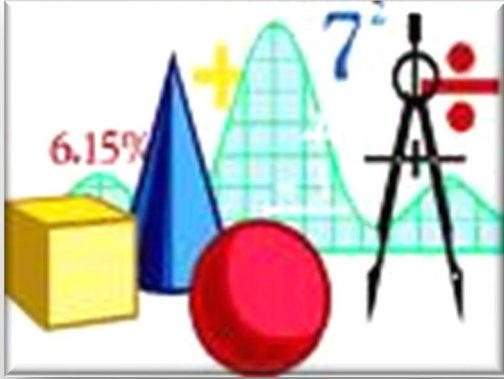
- Good at art
- Liked by adults
- High intelligent



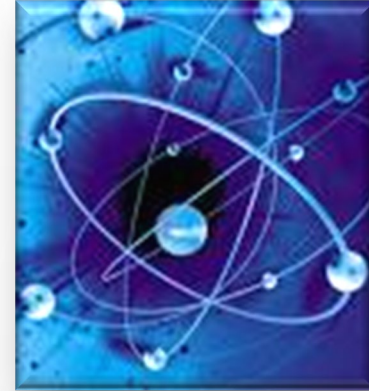
- Proficient in information and communication technology

- Accurate in mathematical computation.

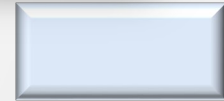
My strengths



Maths



Physics



Computers



Being tidy

Things I find difficult



Queuing



Babies crying



Working with others



Loud noises



Sharing

Things I find difficult

1. Working in a very noisy classroom
2. Making friends
3. Writing fast and neatly



How to communicate with me to help me understand

1. If you raise your voice when you speak to me I can think that I am being told off.
2. If i am not 100% sure what to do, i will probably ask you to repeat some of the instructions
3. Show me clear instructions



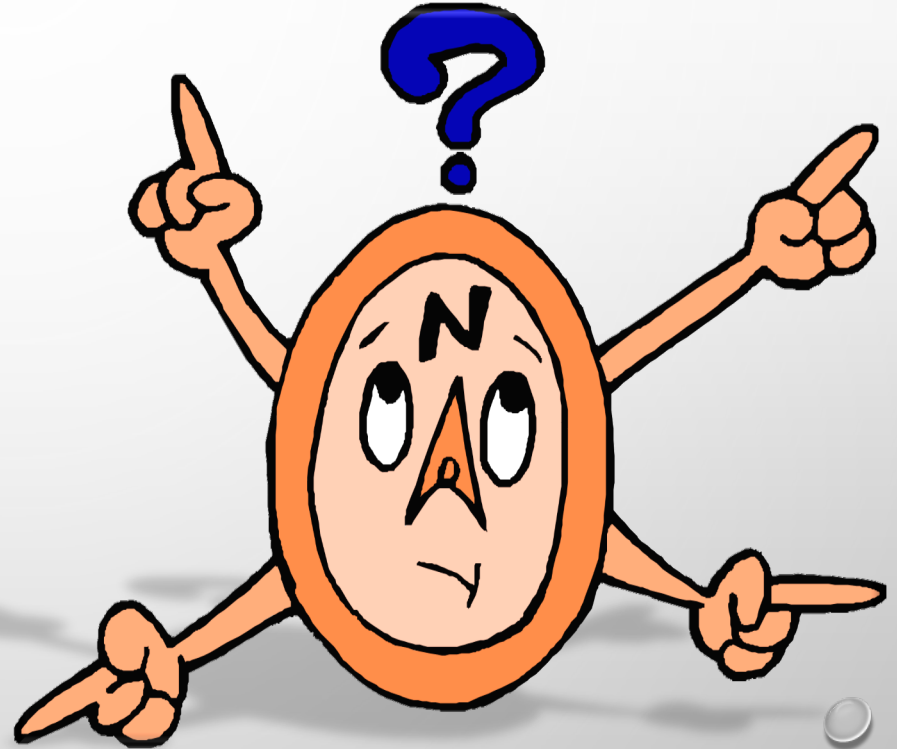
Things that help me to work well

- Clear instructions
- Visual cues
- A reasonably quiet environment
- If we are working in groups/pairs, it helps to be with someone I trust
- Keeping others out of my personal space
- Working on computers, I don't like writing

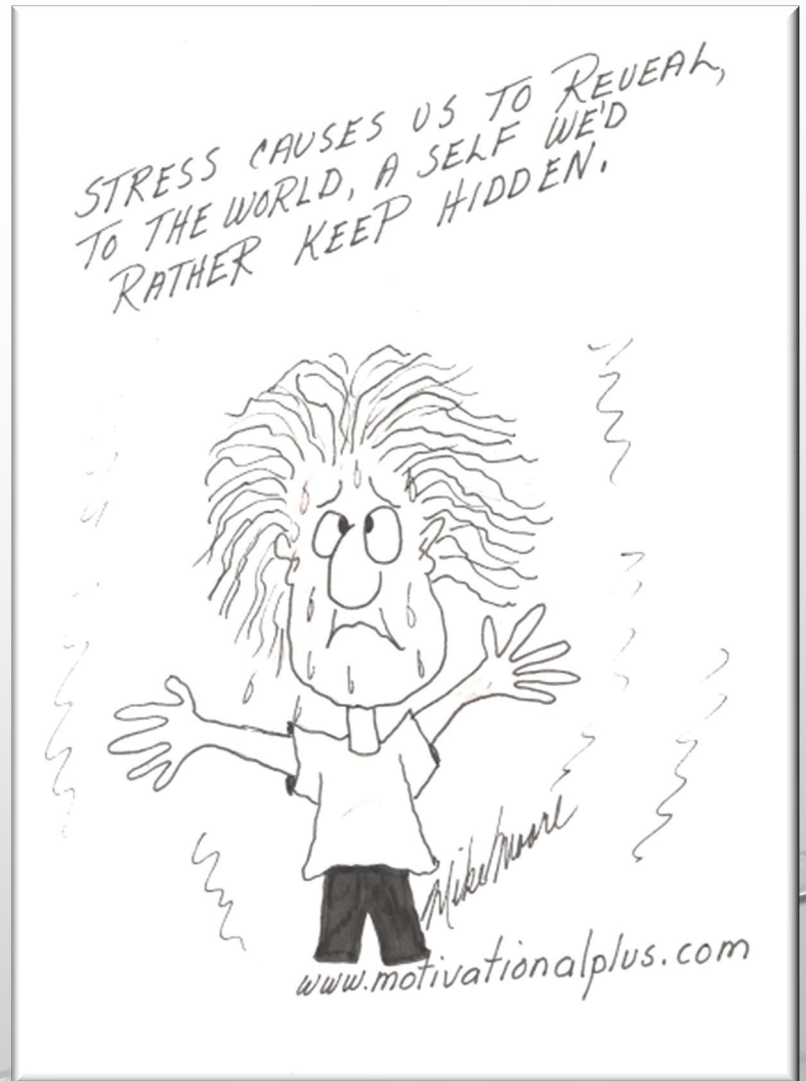


Things that make it difficult for me to work WELL

- A very noisy classroom
- Having the sun in my eyes
- Not understanding the task
- Working with someone who won't listen to my views



When I'm stressed I.....



- Get upset
- Pick my nails
- Find it hard to concentrate
- Get restless
- Raise my voice
- Think everyone is cross with me
- Think no one listens to my side of the story

If i'm stressed it helps if I can....

- Have time to calm down before I have to explain something
- Can leave the situation
- Perhaps go for a walk
- Feel like I am being listened too
- Playing on a computer



You can help by



Not insisting that I look at you



Don't stand too close, don't shout at me.



Not too much noise



Giving me time to think



My ideal day

GOOD

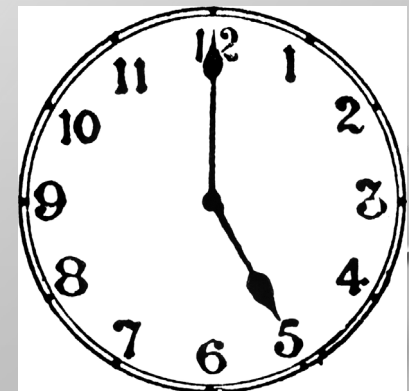
JOB!



- Waking up naturally
- Having tea in bed
- Spending time alone in my room
- Having breakfast before I get dressed
- Having my lunch in a quiet area
- Getting through the school day with anyone upsetting me.
- Getting home
- Have a bath
- Play on my consoles/computer
- Have dinner
- Have some alone time
- Have another bath and go to bed



Quiet Room



What I am good at

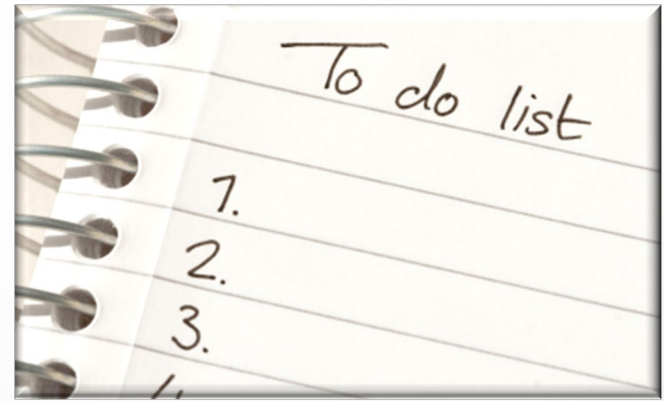


Punctual



Focused on things
I am interested in

Good at
remembering
facts and
figures



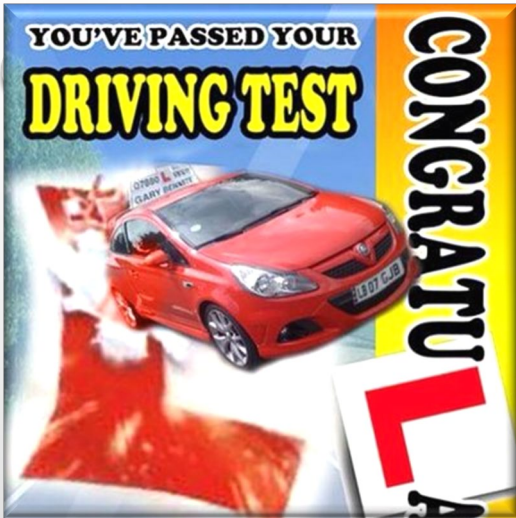
Completing tasks/challenges
in my games.nd organised



Trustworthy



My hopes



Drive



Get married

Own a house



Get a job in
Nasa or
something
to do with
computers



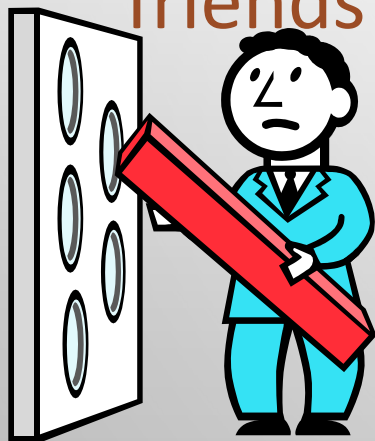
Happy



Things I will need help with



Making friends



Finding my way around



Lunch rooms



Toilets



What I hope to learn



New technology



Physics

Chemistry and
Biology



Maths and
French

What type of job could



Research



in a library

Stack shelves



Working with animals

astronaut



Computers

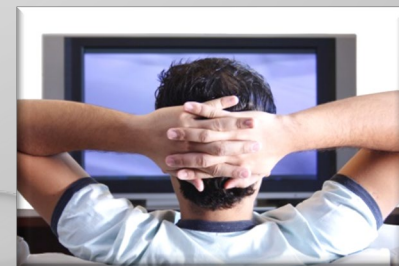
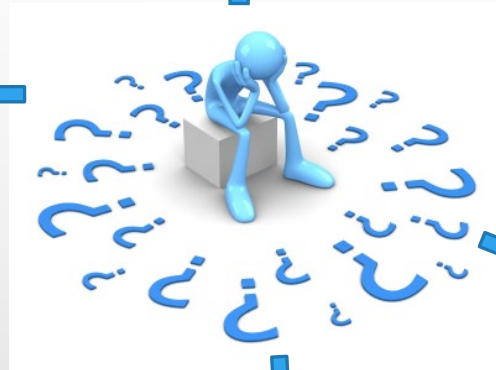
Things I need to find out about

- Who are the important people?
- Where to hang my coat?
- Where do i eat break?
- Do i need to eat and drink in school?
- Where are my classes at?
- Is there anyone to ask for help? Who?
- What time is home time?



Sometimes, I am anxious

Plunging into the Pensieve
A kaleidoscope of reflections, a pensieve of swirling
opinions, an endeavor to figure out the elusive
underlying truths: the hunt for Verity



Help me with

- Consistency, structure and predictability
- Prioritise challenges based on impact on life/job or course
- Visuals remain constant, words do not
- What's obvious to you is not to me
- Set the context
- If you have met one person with autism, remember you have only met one person with autism
- Be clear and direct in communication: say what you mean; mean what you say – literal interpretation
- Provide big picture (central coherence) and details: why are we doing what we are doing
- Don't assume what's in your head is in mine.

Thank you for taking the
time to read about me

