

# Blood Test Social Story



Tara



Children's Health Ireland  
at Connolly

## Tara Visits CHI at Connolly with her Dad for a blood test



Having a blood test means that the phlebotomist will take a small amount of blood from Tara's arm or hand. Her body is very clever and will make more blood very quickly.

Whenever blood is taken there are steps that people follow.

This story will tell you these steps and what happens when Tara visits for her blood test.

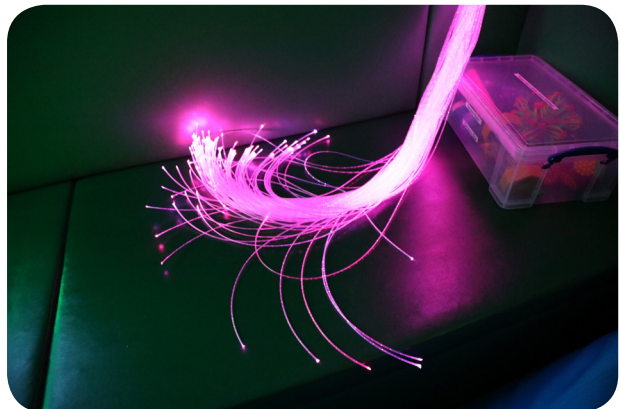
## Time to Check – In!



It is important that Tara tells the friendly reception staff who she is so they can let the phlebotomist know that she and her Dad have arrived.



Tara can wait in the waiting room or sensory room until it is time for her appointment.





Tara can sit in the chair and the phlebotomist will say hello and explain what they are doing.



The phlebotomist will help Tara get her arm ready.



The phlebotomist puts a band around Tara's arm. The makes it easier to get blood. The band feels a bit tight but it doesn't hurt.

The phlebotomist will wipe Tara's skin. They may need to hold her arm steady. Tara can try her best to stay still.



The phlebotomist uses the butterfly to take a little bit of blood from Tara's arm.

This feels like a little pinch on her skin. It is important to try and stay still. Tara can play with her favourite toy or look at her favourite toy or device if it helps.





The butterfly is taken away.



The phlebotomist puts a plaster on Tara's arm.



Time for a reward.

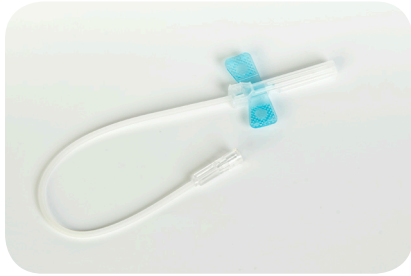


WELL  
DONE



All finished. Time to go home.

butterfly



bottle for blood test



cotton ball



band



gloves



skin wipe



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