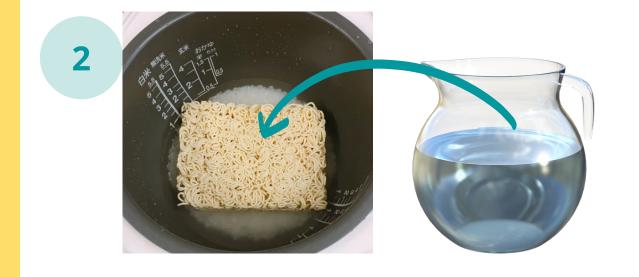


Step by step guide to cooking noodles

What you will need:

- 2 tall plastic bowls
- packet of noodles
- water
- fork and spoon
- sieve
- microwave





- Break noodles into plastic bowl
- Pour over 300mls water to cover noodles



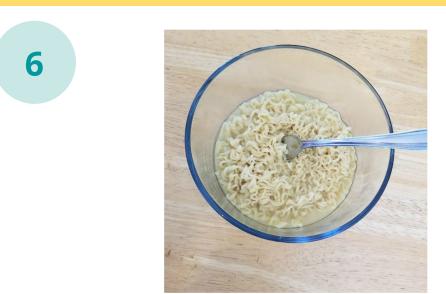
• Put in microwave for 5 minutes on high



- Put sieve on top of empty bowl
- Pour noodles into sieve



 Open 'spicy flavouring' and sprinkle on to noodles



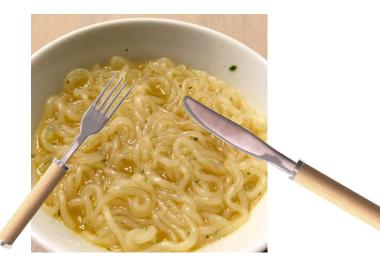
 Spoon some 'juice' from water bowl on to flavouring and noodles

7



• Mix noodles and flavours together with fork

8



Optional

• Cut the noodles up with the side of your fork or knife so they don't go everywhere when you are eating them!