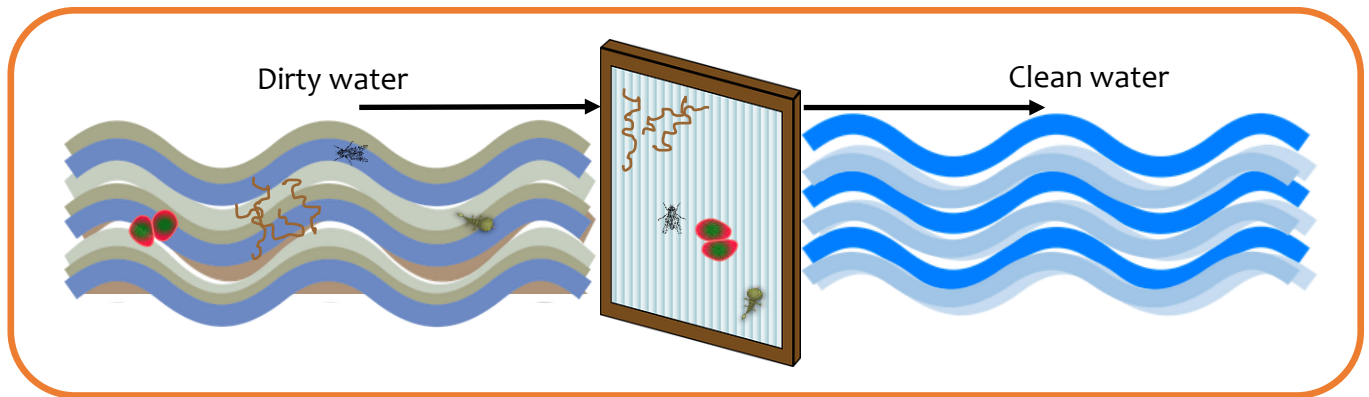


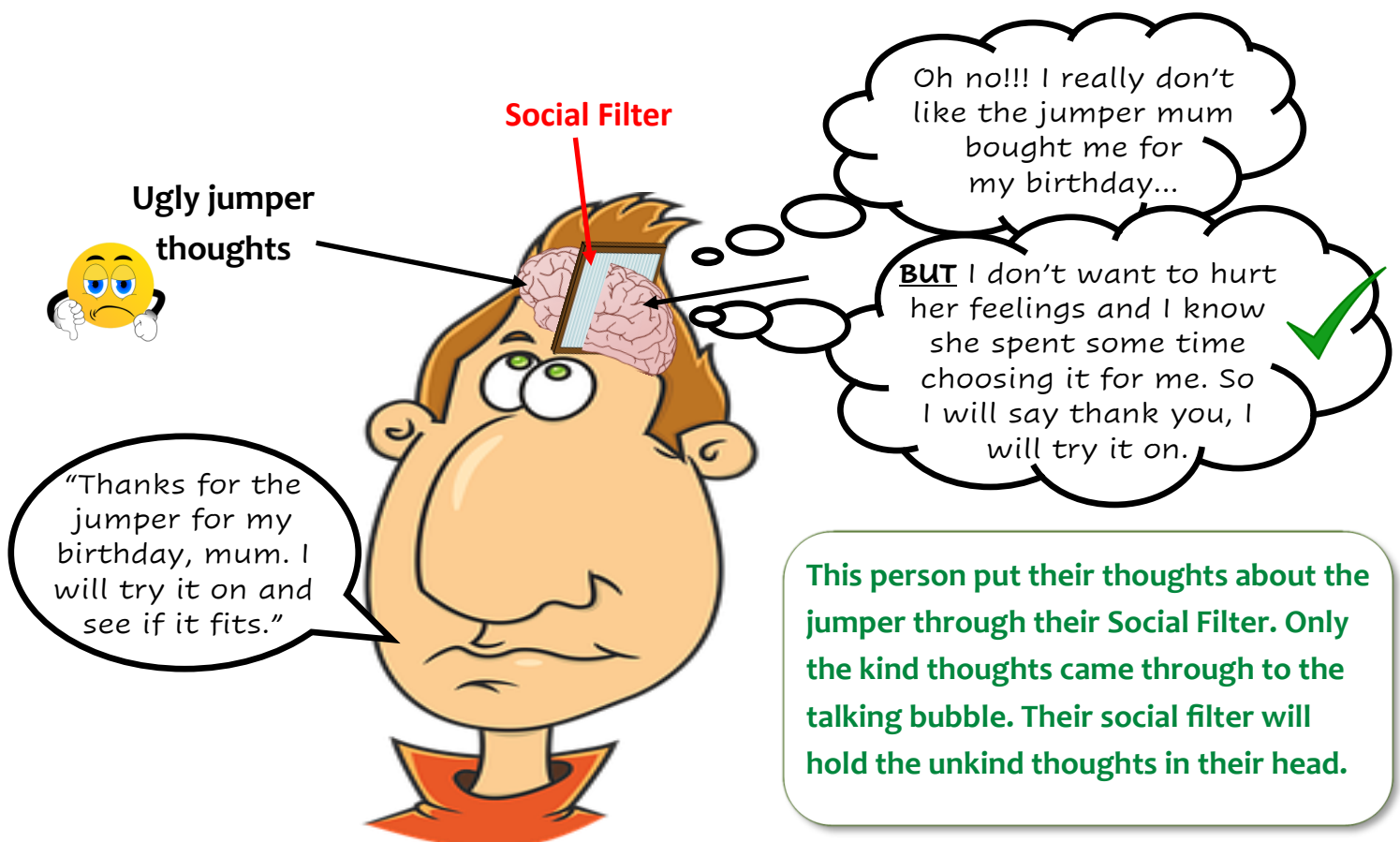
The Social Filter

A filter is something that allows clean or good material to pass through it and blocks the dirt or germs. Look at the image below. Filters are used to clean drinking water. The dirty water goes through the filter and the dirt and germs get trapped resulting in clean water.

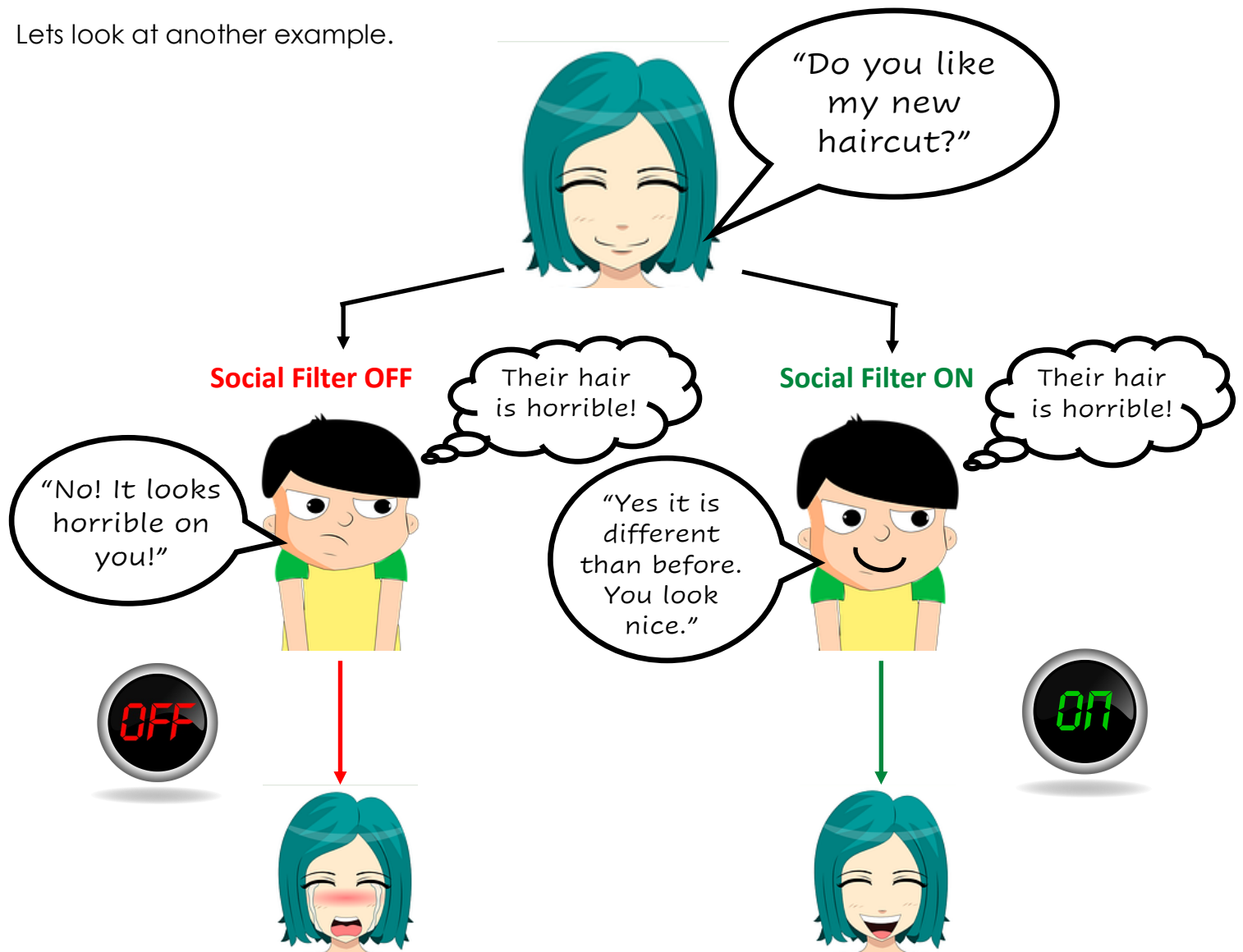


Everyone has an invisible 'filter' in the front part of his or her brain. Our brains have a **SOCIAL Filter**. This is a thinking skill that most people can control without even realising it. The Social Filter helps us to say words and do actions that make others have good thoughts about us. It is ok to have unkind thoughts sometimes, but we should keep them in our head to protect other people's feelings.

REMEMBER: We do not always say out loud what we are thinking.

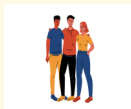


Lets look at another example.



Your **SOCIAL FILTER** helps you:

- Protect a friend's feelings
- Stay out of trouble
- From being embarrassed
- Show respect to others around you



Is your
Social Filter

on?

