



Bank of sensory ideas

Auditory

Difficulty regulating auditory input is different to having a difficulty 'hearing'. These children can be over responsive to certain sound e.g. easily distracted by background noise or responds negatively to specific sounds. Or under responsive e.g. child will make noises to keep focused on task or child appears to not have heard what has been said.

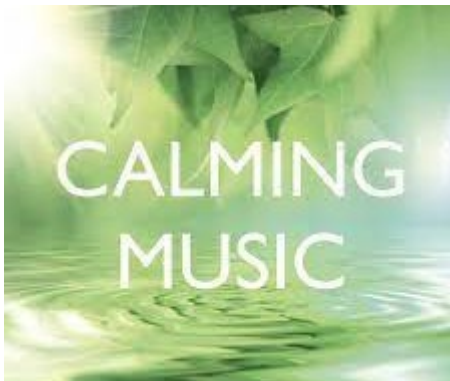
Ear defenders



Sshh...Calm voices



Play calm music



Sing familiar song



Low arousal environment eg limit chat



Child hums or sings to self regulate