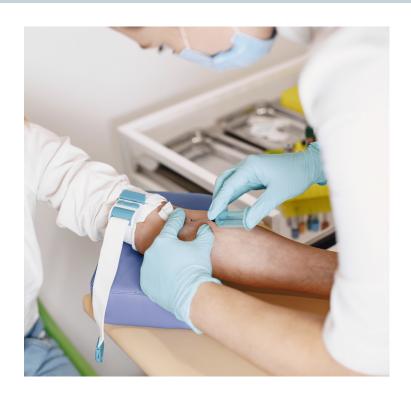
Having a blood test







To help keep my body healthy, sometimes I need to have a blood test.



When I need to have a blood test, I visit the doctor.





The doctor will put a small belt called a tourniquet on my arm.





They will clean my elbow or hand with a wipe and they can give me some cream to help numb the skin. They will put the needle into my vein. I can watch or I can look away. I might feel a pinchy type of pain.





The doctor will collect the blood in a small container. Sometimes, they need to collect 2 or even 3 small containers.





When the doctor is finished, he will open the tourniquet and put some cotton wool on my arm.

Then he will take the needle out.





The doctor will put the needle in a special bin and then they will put a plaster or tape and cotton wool on my arm.





finished



The doctor will put stickers on the small containers and put them in a special bag. When this is done, it is time to go home.

