



in the trivial is the trivial in the trivial is the trivial in the trivial in the trivial is the trivial in t

© Designed and Produced by Middletown Centre for Autism



Making Red Velvet	Cake
Tick the box when you have completed the inst	ruction.
1. Collect equipment.	
large bowl	wooden spoon
2 cake tins	measuring jug
whisk	palette knife
greaseproof paper	cereal bowl
scissors	everyday knife
pencil 2 wire racks	timer
pencil 2 wire racks oven gloves 2. Collect ingredients. Red velvet cake mix Icing 3. Preheat the oven to 180 degrees Celsius. Ask an adult for help if you are not sure.	
2. Collect ingredients.	
Red velvet cake mix	3 medium eggs
Icing 400g	vegetable oil
3. Preheat the oven to 180 degrees Celsius. Ask an adult for help if you are not sure.	

4. Draw around the base of the cake tins on greaseproof paper with a pencil.

They don't need to be perfect.

5. Cut out your circles using scissors. We will use them later.

6. Tap an egg on the side of the cereal bowl to make an opening. Use this opening to crack open the egg into the bowl. Lift out any shell that might have fallen in. Repeat this for all 3 eggs.

7. Add eggs to the large bowl.

8. Measure 200ml of water using your measuring jug and add to the large bowl.

9. Measure 105ml of vegetable oil in your measuring jug and add to the large bowl.

10. /	Add the cake mix to the large bowl.	
	Whisk the mixture for 3 minutes.	
ļ	Remember: it isn't cooked so we can't taste it yet!	
12. (Set the circles of greaseproof paper that you cut out earlier and	
	them in the bottom of your cake tins.	
•	•	
12 (Normalis mitrature that also relevantes. The Assessmin divide also mitrature	
	Pour the mixture into the cake tins. Try to evenly divide the mixture. doesn't have to be exact.	
ınıs	doesn't have to be exact.	
	With adult supervision, place the cake tins in the oven. Try to place	
them	in the centre of two different shelves in the oven.	
	Set a timer for 23 minutes. We should keep the oven door closed in	
•	this time for the cakes to cook quickly.	
	ſ	1
	Do the washing up, drying and tidying away of equipment while	
•	you are waiting.	
17. V	When 23 minutes have passed, check your cake by dipping a knife in	
	centre. If the knife comes out clean, it is cooked.	
	ne knife isn't clean, the cake will need to go back in the oven for at	
	2 minutes before it can be checked again. You might have to wait up	
to 5	minutes for your cake to be cooked. It will be worth the wait.	
4 G ·		
	When your cakes are cooked, use oven gloves to remove them from	
TNE (oven.	
19 9	Set another timer for 10 minutes to let the cakes cool in the tins.	
-/. (20. G.C. To Talle 10. 10 Initiality to 101 The Gunes Cool III The IIIIS.	
	• •	

20. After 10 m	ninutes have passed, re	emove the cakes fr	rom the tin.	
	knife to detach the c			
Carefully transf	fer the cakes on to the	e wire racks. You	might need an	
•	Vatch this video if you			
https://www.bbc	.co.uk/food/techniques/r	<u>emoving_cakes_from</u>	<u>a_cake_tin</u>	
	need to cool completely can start to decorate		wait 2 hours	
•	cakes have cooled. Us ne cake and sandwich t	•	_	
23. Add icing to	o the top of your sand	wich cake and dec	orate it	
however you wo	uld like.			
	s now ready to eat. Yo	ou might want to s	ave it as an	
	Well	donei		