



CENTRE FOR AUTISM

Make your own natural paintbrushes

OUTDOOR PLAY ACTIVITY



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You will need:

- Twigs, sticks
- Conifer leaves, moss, pine cones
- String or elastic band
- Some poster paint or acrylic paint
- Paper
- Water



Step by step guide:

- Gather some twigs from outside.
- Now look for some natural materials to make a brush head, look for conifer leaves or moss or even some small pine cones.
- Attach the leaves or moss to the twig using some string or elastic band.
- Now dip the natural paintbrushes into the paint and have fun creating lots of mark making techniques onto the paper or alternatively just dip the brushes into a pot of water and make some marks on the ground.

