



What makes you happy?

Ask another player to tell you one thing they like about you

Pick up 1 I AM card

If you were a superhero what would your power be?

You helped with the chores. Move on 2 spaces

Name 3 things you are good at



The Positive Thinking Game



Tell another player something you like about them

Pick up 1 I AM card

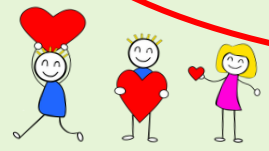
What do you want to do when you are older?

You solved a problem. Move on 3 spaces

What makes you a good friend?

Pick up 1 I AM card

Pick up 1 I AM card



You were kind to yourself. Move on 2 spaces

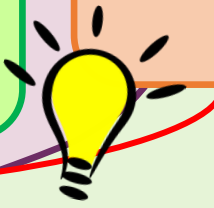
Give yourself a great big hug

Pick up 1 I AM card

Name a time you helped someone

Name a time when you were proud

What is your favourite food, colour and film?



I am
friendly

I am
sporty

I am
a good
friend

I am
helpful

I am
a good
listener

I am
kind

I am
lovable

I am
creative

I am
caring

I am
clever

I am
calm

I am
loving

I am
unique

I am
funny

I am
fun

I am

I am

I am

I am

I am

