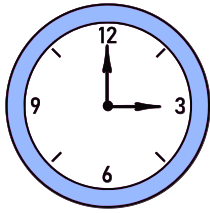


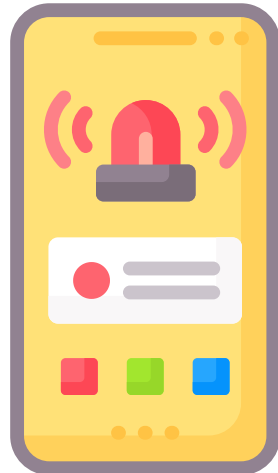


# Government Phone Alert

1

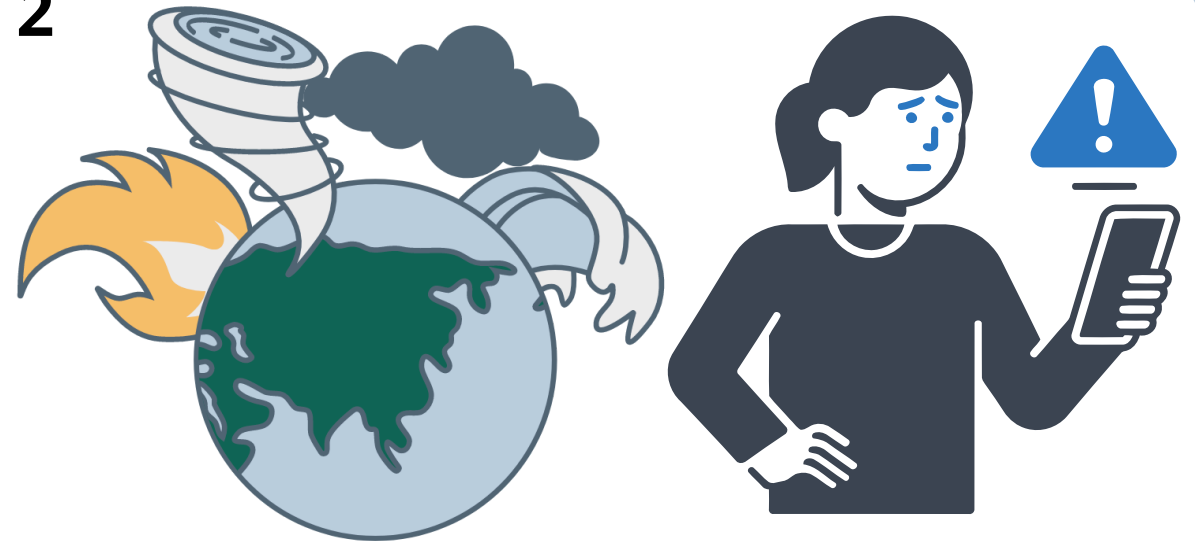


**ALARM TEST!**



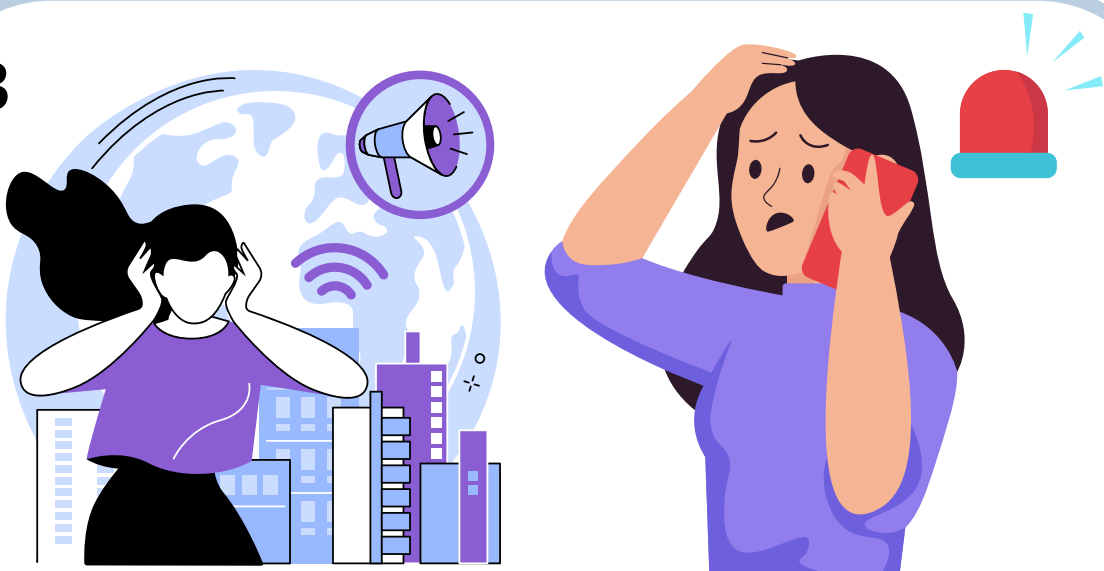
On 7<sup>th</sup> September at 3pm, all phones will make a loud sound and they might vibrate. This is a test to make sure the government's alert system works. It is just practice and not a real emergency.

2



It helps keep people safe in real emergencies, such as extreme weather conditions.

3



The sound might be loud and surprise me, but it will stop quickly. I don't need to do anything when I hear it.

4 What can I do if the sound feels too loud?



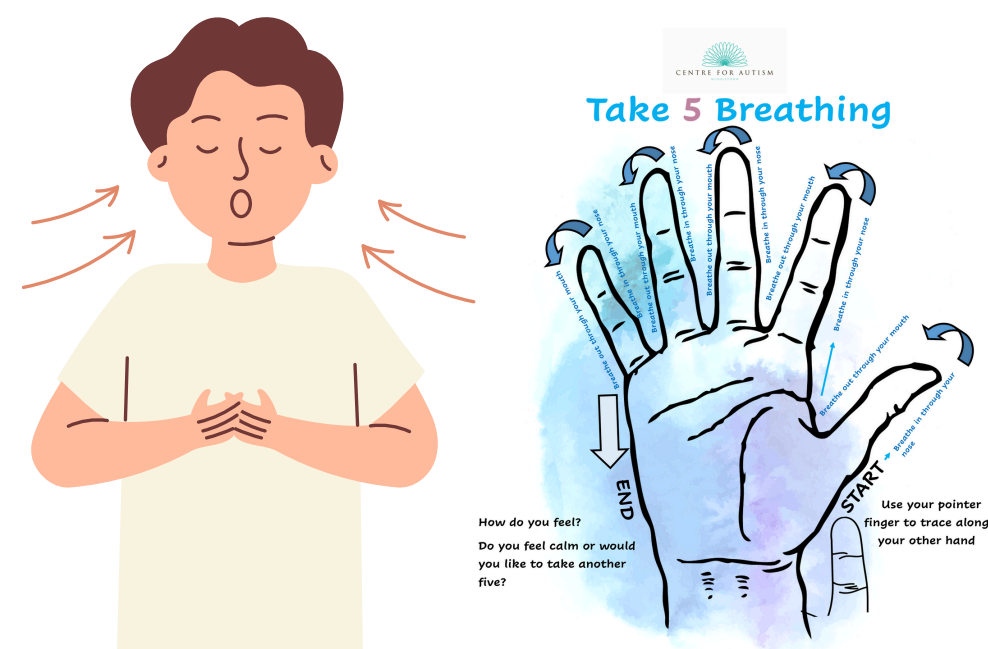
Firstly, I can remember: it is only a test, not an emergency.

5



I can cover my ears or use headphones to make it quieter.

6



I can take slow breaths to help my body feel calm.

7



I can go to a quiet place away from phones. I can hold or squeeze a comfort item if that helps me feel safe.

8



When it finishes, everything will be the same and I can relax and carry on with my day.