



CENTRE FOR AUTISM
MIDDLETOWN



St. Patrick's Day

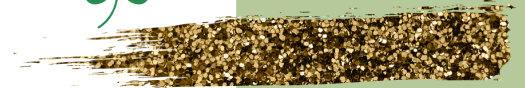
**SENSORY
BOTTLE**



ST. PATRICK'S DAY SENSORY BOTTLE

You will need:

- Empty clear bottle or jar
- Green and gold glitter
- Green food colouring
- Gold coins
- Green beads, pom poms or shamrock confetti



Method:

1. Take a clean empty bottle
2. Pour water into the bottle
3. Add some drops of green food colouring into the bottle
4. Now carefully add each of the items one at a time
5. Watch how they float or sink
6. Place the lid back on the bottle
7. Now give the bottle a gentle shake and watch the magic happen!

