

Having a blood test



1



To help keep my body healthy, sometimes I need to have a blood test.

2



When I need to have a blood test, I visit the doctor.

3



The doctor will put a small belt called a tourniquet on my arm.

4



They will clean my elbow or hand with a wipe and they can give me some cream to help numb the skin. They will put the needle into my vein. I can watch or I can look away. I might feel a pinchy type of pain.

5



The doctor will collect the blood in a small container. Sometimes, they need to collect 2 or even 3 small containers.

6



When the doctor is finished, he will open the tourniquet and put some cotton wool on my arm. Then he will take the needle out.

7



The doctor will put the needle in a special bin and then they will put a plaster or tape and cotton wool on my arm.

8



finished

home

The doctor will put stickers on the small containers and put them in a special bag. When this is done, it is time to go home.