

TOP TIPS FOR OPENING PRESENTS

1

Avoid surprises:

Create a wish list of ideas for friends and family.



2

No surprises:

Presents do not have to be wrapped.



3

Make the surprise predictable:

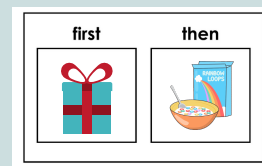
If your child dislikes surprises but likes opening presents, put a photo of the present on the wrapping.



4

Spread the joy:

Presents can be opened over several days to prevent overload.



5

Open presents alone:

Opening presents away from others reduces social demands.



6

Remove the expectation to say thank you on the spot.

A thank you card can be sent later.

