## **Top Tips for Supporting Autistic Students**

1

Establish a clear and consistent routine in your classroom. At the start of every class share a visual plan for the lesson.



2

Prepare visual supports to use in classes, for example to clarify instructions or success criteria.



3

Support instructions with clear visual cues e.g. photographs, highlighting keywords.



4

Minimise verbal demands. Keep verbal instructions concise and clear.



5

Consider the impact of the sensory environment. Some students may be sensitive to lighting, sounds, smells etc. Modify the environment to reduce sensory overload e.g. dimmed lighting, turning off equipment when not in use, keeping rooms ventilated.



6

Some students require sensory input to maintain regulation and engagement e.g. movement breaks, calming input.











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7

Consider where the student is seated.
Sitting near doors or windows can be distracting, and they may need adequate personal space. Also consider which classmates they sit beside.



8

If a student has difficulties with handwriting, provide other means of presenting work, such as use of a computer or verbal responses (where appropriate).



9

In group work assignments, give students clear roles and specific tasks. If a student is distracted by other group discussions, provide a quiet place for his/her group.



10

Give students access to lesson notes,
Power-point presentations and other
resources. They can then use study time or
time at home to process these at their own
pace. Only add class content as extra content
increases anxiety.



11

Take time to learn the students' strengths, interests and challenges.



12

Use their interests to increase meaning and motivation in learning, and link lesson to real life experiences. Provide opportunities for them to share their knowledge and interests with peers.



