



Some people cannot wear a face mask or covering because of a **disability** or **severe distress** - below are a few differently worded exemption cards that can be helpful if used by a child or young person with either Autism or a Learning Disability to explain why they are exempt from wearing a face mask in shops, public transport and anywhere else that requires a face covering.

Autism Specific Options - *Cut out and laminate for durability*

Option A



Option B



Option C



Parent of child card



Learning Disability Options - *Cut out and laminate for durability*

Option A



Parent of child card

