



Bank of sensory ideas

Gustatory/Oral

Taste is processed through our gustatory sensors in the tongue, they are closely linked to the olfactory system. A child who is under-responsive will seek strong flavours and will often be more alert after eating it, they may also eat non-food items. A child who is over –responsive will eat a limited range of food & refuse to try new food (Ref-MCA website)

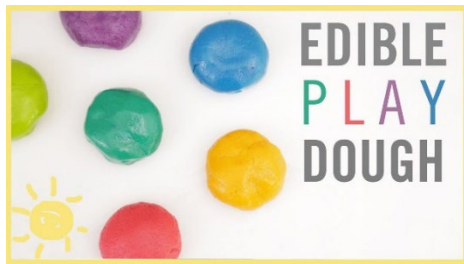
Chew toy



Blow bubbles



Edible playdough



Crunchy food



Sweet/Sour/spicy food



Electric toothbrush



**Sucking milkshake/thick drink
through straw**



Chewellery

