



BEING KIND AT SCHOOL

1



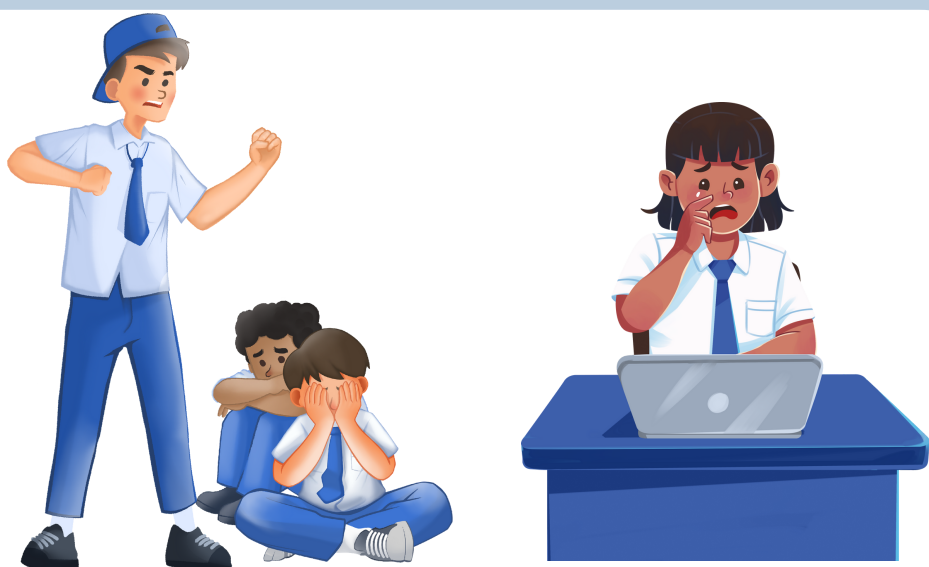
At school, everyone deserves to feel safe, happy and respected - just the way they are.

2



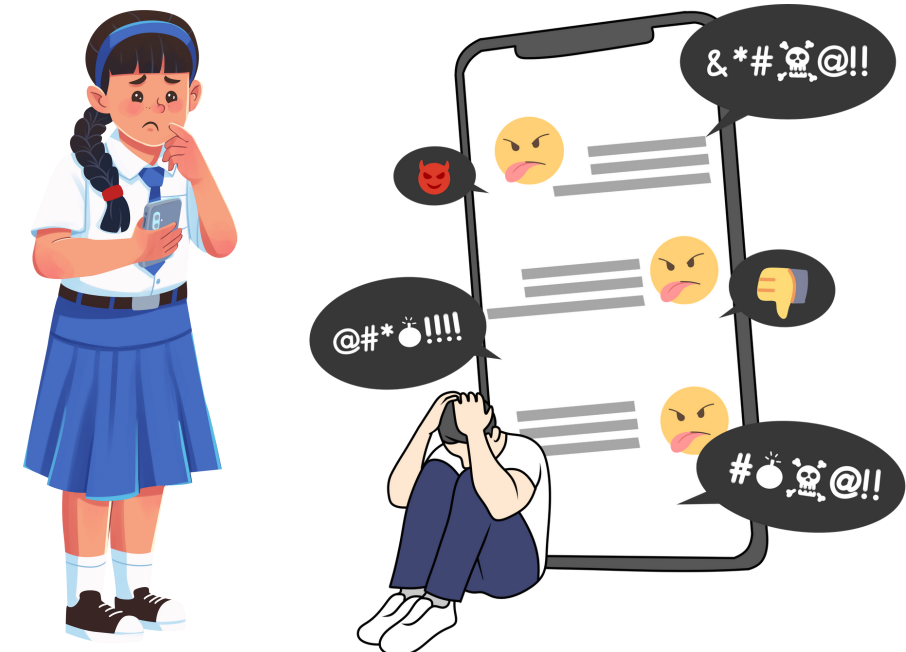
Sometimes, people might say or do unkind things to others, and that is called bullying. It can hurt feelings or make someone feel scared.

3



Bullying is never okay, and it is not your fault if it happens to you or someone you know. You have the right to be treated with kindness.

4



Bullying can happen in person or online, such as through messages or social media.

5



If you see or experience bullying, it's important to tell a trusted adult, like a teacher so they can help.

6



It's okay to walk away from someone being unkind and find a safe person or space. You can also help others by being a good friend and standing with people who are treated unfairly.

7



Using kind words and actions when we can, helps to make school a better place.

8



Together, we can make school a place where everyone belongs and differences are celebrated. Everyone, including me, deserves respect and kindness every day.