



CENTRE FOR AUTISM
MIDDLETOWN

My Summer Break Activity Schedule 2025



My Summer Break Activity Schedule

Choose a fun activity for each day you are off school



Monday 2nd June	Tuesday 3rd June	Wednesday 4th June	Thursday 5th June	Friday 6th June	Saturday 7th June	Sunday 8th June
Monday 9th June	Tuesday 10th June	Wednesday 11th June	Thursday 12th June	Friday 13th June	Saturday 14th June	Sunday 15th June



My Summer Break Activity Schedule

Choose a fun activity for each day you are off school



Monday 16th June	Tuesday 17th June	Wednesday 18th June	Thursday 19th June	Friday 20th June	Saturday 21st June	Sunday 22nd June
Monday 23rd June	Tuesday 24th June	Wednesday 25th June	Thursday 26th June	Friday 27th June	Saturday 28th June	Sunday 29th June



My Summer Break Activity Schedule

Choose a fun activity for each day you are off school



Monday 30th June	Tuesday 1st July	Wednesday 2nd July	Thursday 3rd July	Friday 4th July	Saturday 5th July	Sunday 6th July
Monday 7th July	Tuesday 8th July	Wednesday 9th July	Thursday 10th July	Friday 11th July	Saturday 12th July	Sunday 13th July



My Summer Break Activity Schedule

Choose a fun activity for each day you are off school



Monday 14th July	Tuesday 15th July	Wednesday 16th July	Thursday 17th July	Friday 18th July	Saturday 19th July	Sunday 20th July
Monday 21st July	Tuesday 22nd July	Wednesday 23rd July	Thursday 24th July	Friday 25th July	Saturday 26th July	Sunday 27th July



My Summer Break Activity Schedule

Choose a fun activity for each day you are off school



Monday
28th July

Tuesday
29th July

Wednesday
30th July

Thursday
31st July

Friday
1st August

Saturday
2nd August

Sunday
3rd August

Blank activity box for Monday 28th July

Blank activity box for Tuesday 29th July

Blank activity box for Wednesday 30th July

Blank activity box for Thursday 31st July

Blank activity box for Friday 1st August

Blank activity box for Saturday 2nd August

Blank activity box for Sunday 3rd August

Monday
4th August

Tuesday
5th August

Wednesday
6th August

Thursday
7th August

Friday
8th August

Saturday
9th August

Sunday
10th August

Blank activity box for Monday 4th August

Blank activity box for Tuesday 5th August

Blank activity box for Wednesday 6th August

Blank activity box for Thursday 7th August

Blank activity box for Friday 8th August

Blank activity box for Saturday 9th August

Blank activity box for Sunday 10th August



My Summer Break Activity Schedule

Choose a fun activity for each day you are off school



Monday 11th August	Tuesday 12th August	Wednesday 13th August	Thursday 14th August	Friday 15th August	Saturday 16th August	Sunday 17th August
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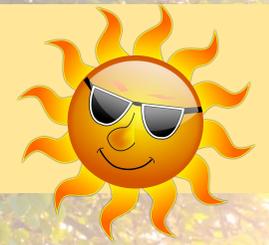
Monday 18th August	Tuesday 19th August	Wednesday 20th August	Thursday 21st August	Friday 22nd August	Saturday 23rd August	Sunday 24th August
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My Summer Break Activity Schedule

Choose a fun activity for each day you are off school



Monday
25th August

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

Tuesday
26th August

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

Wednesday
27th August

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

Thursday
28th August

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

Friday
29th August

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

Saturday
30th August

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

Sunday
31st August

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

Monday
1st September

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

Tuesday
2nd September

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

Wednesday
3rd September

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

Thursday
4th September

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

Friday
5th September

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

Saturday
6th September

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

Sunday
7th September

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.



My Summer Break Activity Choices




School is **CLOSED** today



School is **OPEN** today



Hunt for bugs



Set up an obstacle course in the garden



Play balloon ball



Empty out all your crayons and markers and sort by colour



Wash dishes and play with water & suds in the sink



Make marshmallow catapults



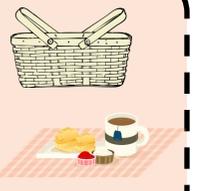
Help to water all the plants outside



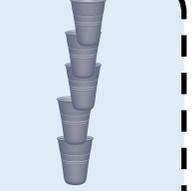

Build a tent with blankets



Have a Lego building contest



Have a picnic in the back garden



See how high you can stack plastic cups



Have an A-Z scavenger hunt and find things that begin with each letter



Try out some yoga for kids videos



Make a toy car wash with some water in a bucket and wash your toys



Learn to make flowers out of tissue or crepe paper



Play outside with a hula hoop




Glue seashells onto an old picture frame



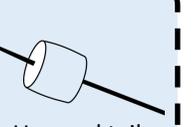
Make your own bubble solution with washing up liquid



Attach ribbons to a wooden stick and dance with it



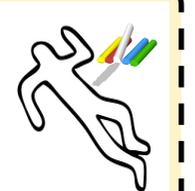
Use masking tape to create roads on the floor



Use cocktail sticks and mini marshmallows to build sky scrapers



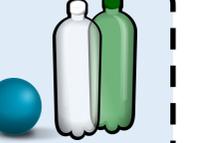
Help to wash the car



Draw chalk outlines in your yard outside



Pick some wildflowers

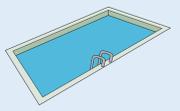
Set up indoor bowling with plastic water bottles and a ball



My Summer Break Activity Choices




Ice cream treat today



Go to the swimming pool



Make summer postcards



Look for smooth rocks or pebbles and paint them



Practice making shadow puppets



Plant summer flowers



Go for a drive with my family



Help to make dinner



Pizza night




Read a book



Tablet/iPad



Family movie night



Sing or dance to my favourite music



Make popcorn



Trampoline



Going to the play park today



Going to the beach today



Tidy my room




Meet up with my cousins



Meet up with my friend



Visit the zoo or animal farm



Bake a cake



Bake buns



Enjoy my favourite drink



Spend time on personal care



Complete a jigsaw puzzle or play a board game




Make a list of things I am thankful for



My Summer Break Activity Choices




Create your own summer Olympic games



Decorate the house with summer themed decorations



Collect some moss, bark and leaves and make a fairy house



Be kind to someone today



Have my favourite food



Call or face-time a friend or family member



Draw a picture



Spend time in nature



Visit my local park




Play games with my dog



Find a comfy spot and listen to an audio book



Watch my favourite movie



Write down how I am feeling today



Sit outside in the garden



Make a target board in your driveway and toss wet sponges at it



Do some exercise



Draw a giant hop-scotch on the driveway



Ride my bike




Playdoh activity



Aim for 8 hours sleep tonight



Eat some fruit today



Go for a walk



Treat myself to something nice with my pocket money



Organise my bedroom or quiet space



Do 10 minutes meditation or relaxation



Prepare my schoolbag for going back to school



Get my uniform ready for going back to school



