



CENTRE FOR AUTISM
MIDDLETOWN

Christmas Sensory Activities

CHOCOLATE PLAY DOUGH RECIPE



Ingredients:

- 1.5 cups of water
- 1.5 cups of flour
- 1/2 cup of salt
- 1/2 cup of cocoa powder
- 2 tbsp of cream of tarter
- 2 tbsp vegetable oil

Method:

- Bring 1.5 cups of water to the boil. In a large bowl combine 1.5 cups of flour, 1/2 cup of salt, 1/2 cup unsweetened cocoa powder, 2 tbsp cream of tarter, and 2 tbsp of vegetable oil.
- Stir in boiling water and knead the dough until it is well mixed and no longer sticks to the bowl.
- Keep working at it and you should get a soft, squishy dough that smells terrific and doesn't leave any mess behind.
- If it is too sticky, add a little extra flour. If it is too dry, add a little extra water..
- ADDITIONAL MATERIALS (acorns, twigs, cranberries)