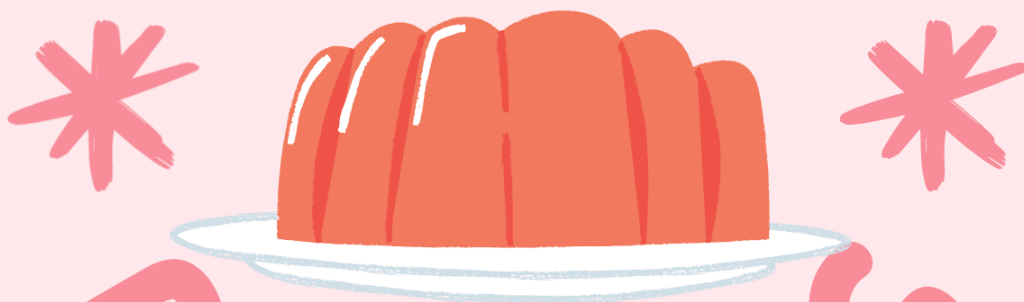




CENTRE FOR AUTISM  
MIDDLETOWN

HOW TO MAKE

JELLY



PUDDING

A STEP BY STEP GUIDE

## Equipment:



Kettle



Scissors



Measuring jug



Fork



Teaspoon



Bowl



## Ingredients:



135g Jelly or 12 cubes



or



125g Yoghurt of same

flavour as your Jelly

(strawberry, raspberry,

orange)



## Method:



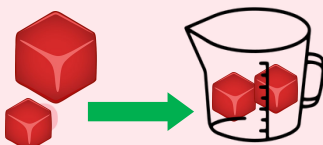
1. Put water in kettle and boil.



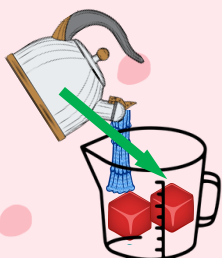
2. Cut jelly into cubes.



3. Put jelly in measuring jug.



4. Put ½ pint of boiling water in measuring jug.

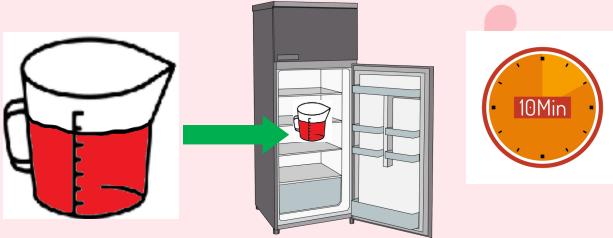




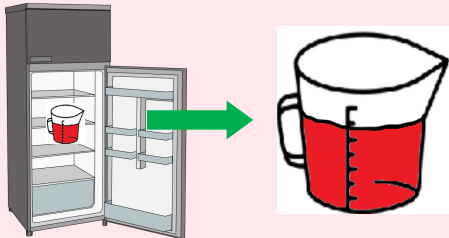
5. Stir with a fork until all the jelly is melted.



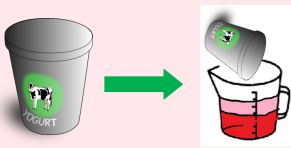
6. Cool jelly in fridge for 10 minutes.



7. Take jelly out of fridge.



8. Add 125g yoghurt to measuring jug.



9. Mix using a fork.



10. Pour into serving bowl.



11. Put in fridge to set until tomorrow.

