

A DE TIER DE LA DESTINACIÓN DE

7th March 2024

DAY

Young readers

A Day with No Words - Tiffany Hammond

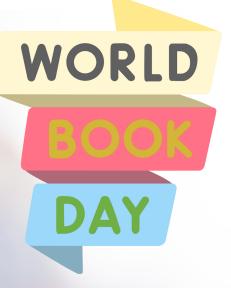
Perfect for: Early readers

Plot: Aidan is a clever, sensitive little boy who communicates without verbal speech. The book follows his day as he finds joy and communicates in lots of different ways.

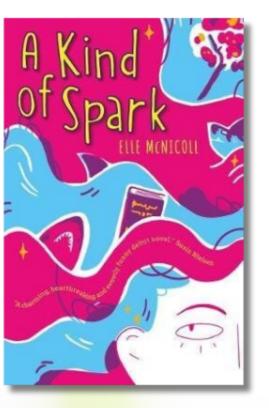
Especially good representation of non-speaking autistic experience. The book also has gorgeous illustrations.

Available as: picture book





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Middle grade readers

A Kind of Spark – Elle McNicholl

Perfect for: Middle grade readers

Plot: Eleven-year-old Addie is campaigning for a memorial to the witch trials that took place in her Scottish hometown. She knows that the "witches" were misunderstood, just like she's misunderstood. She's on a mission to change how the people of her town view her and her autism, and to have her voice heard.

Especially good representation of a feisty autistic character who learns to accept and celebrate her differences.

Available as: physical book and audiobook



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Middle grade readers

Vivi Conway and the Sord of Legend – Lizzie Huxley Jones

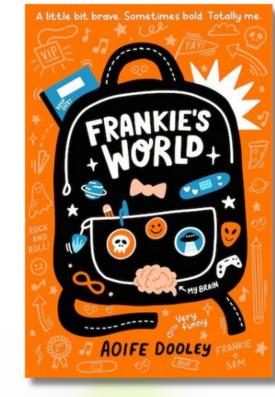
Perfect for: Middle grade readers

Plot: Vivi is an autistic girl who finds Excalibur and takes off on an adventure to save the world, with a cast of new and unique friends to help her. A lovely mix of myth, adventure and positive representation.

Especially good for dog lovers. Gelert the ghost dog is very entertaining!

Available as: physical book





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Middle grade readers

Frankie's World – Aoife Dooley

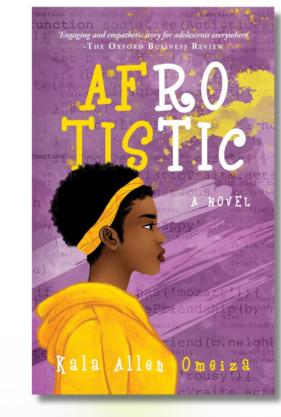
Perfect for: Middle grade readers

Plot: Frankie is navigating life in school knowing that she's different from the other students. At the same time, she's navigating home life while her mum is ill and she wonders where her birth father is.

Especially good at capturing close relationships – Frankie is close to her mum and has some lovely friends to depend on.

Available as: graphic novel





Young adult readers

Afrotistic - Kala Allen Omeiza

Perfect for: Young Adult readers

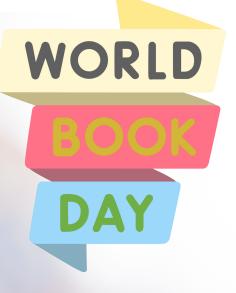
Plot: Noa is a young, black autistic girl who is feeling pressure to achieve in school and join the Dean's Merit Society. Newly diagnosed as autistic, she decides that she can fulfil the leadership qualifications by starting a club for autistic teens. Though her ambitions start out as academic, she quickly finds her tribe and learns how to accept herself.

Especially good representation of the intersection between race and autistic identity.

Available as: physical book and ebook

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THIS WAR INCEDS DIFFERENT HEROES

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Young adult readers

Underdogs – Chris Bonnello

Perfect for: Young Adult readers

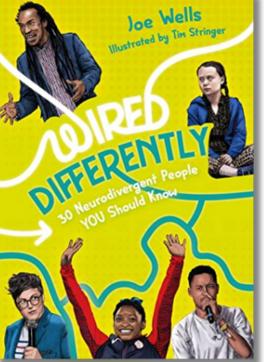
Plot: A gritty read from the first paragraph, Underdogs is based in a dystopian future where a military coup and cloned soldiers have seen most of the UK population moved into giant, prison-like Citadels. The hope of the nation lies with a group of freedom fighters, most of whom were residents of a school for neurodivergent teenagers. Think Hunger Games with stimming and hyperfocus!

Especially good representation of a wide range of neurodivergent identities.

Available as: physical book, ebook and audiobook



WORLD DAY



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Shared reading

Wired Differently – 30 Neurodivergent People You Should Know – Joe Wells

Perfect for: shared family reading

Plot: Comedian Joe Wells profiles some brilliant brains that work differently. From comedians to activists, poets to athletes, the book offers illustrated profiles and provides questions and talking points to explore.

Especially good for family and school discussion to understand and celebrate the diversity of all brains.

Available as: physical book and ebook