



CENTRE FOR AUTISM  
MIDDLETOWN

# Middletown Centre for Autism

## PARENT TRAINING

**Venue: The TF Royal Hotel & Theatre**

Old Westport Road, Castlebar, Co. Mayo, F23 R288

**Time: 7-9pm**

### Topics

- 26th January 2023 - Autism and the Teenage Years
- 2nd February 2023 - Autism and Sensory Processing
- 9th February 2023 - Autism and Anxiety Management
- 23rd February 2023 - Supporting Behaviour in Autism:  
Understanding the Stress Response
- 2nd March 2023 - Autism and Life Skills

For more information or to book on to this training event please visit  
[www.middletownautism.com](http://www.middletownautism.com)