

Moving Schools?

How to help your child

1



Make sure you visit the school before Year 8
 - ask to visit at a quiet time in August if needed.

2



Over the summer practise the journey to school -
 first accompanied then unaccompanied.

3



Make a pupil passport for your young person
 -This can highlight strengths, interests & weaknesses.

4



Practise putting on the uniform especially ties
 -This will reduce stress on PE days & in the mornings.

5



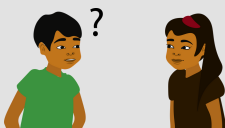
Teach how and who to ask for help
 -Use a social story.

6



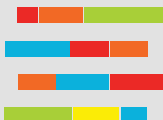
Discuss possible problems and how to react
 -Teach how to match reaction to size of problems.

7



Practise questions to ask new friends
 Eg - what's your name, favourite hobby, favourite computer game.

8



Buy materials to colour code class books
 -coloured plastic covers last the longest time.

9



Make a daily checklist for bedrooms and kitchen.

10



Be patient.