CENTRE FOR AUTISM
MIDDLETOWN

1 Slightly annoying	2 A little inconvenient	3 Pushed my buttons	4 Made me angry	5 Disrupted everyone	6 Major inconvenience	7 Disrupted my whole day	8 Possible physical harm	9 Huge inconvenience	10 Against the Law

How **BIG** was the problem?

1 Slightly annoying	2 Take deep breaths	3 Consider seeking help	4 Seek help from an adult	5 Whining	6 Complaining	7 Refusing to talk or listen	8 Crying	9 Yelling/ cursing	10 Hurting others

How **BIG** was your reaction?

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