

My Autumn Mid Term Break Activity Schedule

Choose up to 2 fun activities for each day



Saturday 29th October	Sunday 30th October	Monday 31st October	Tuesday 1st November	Wednesday 2nd November	Thursday 3rd November	Friday 4th November	Saturday 5th November	Sunday 6th November
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My Autumn Mid Term Break Activity Choices



Visit a pumpkin patch or buy a pumpkin today



Decorate the house with Halloween or Autumn decorations



Dress up in your favourite costume today




Collect some chestnuts




Have your favourite food



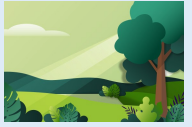
Call or face-time a friend or family member



Draw a picture



Spend time in nature



Visit your local park




Carve a pumpkin with family



Try some Halloween or Autumn craft



Watch your favourite movie



Sing or dance to your favourite song



Sit outside in the garden



Get creative



Do some exercise



Organise your bedroom or quiet space



Do 10 minutes meditation or relaxation




Try some baking today




Aim for 8 hours sleep tonight



Eat some fruit today



Talk to a friend today



Treat yourself to something nice with your pocket money



Read a book



Spend time on personal care



Complete a jigsaw puzzle or play a board game



Make a list of things you're thankful for