

My Mid Term Break Activity Schedule - Week 1

Monday
19th October

Tuesday
20th October

Wednesday
21st October

Thursday
22nd October

Friday
23rd October

Saturday
24th October

Sunday
25th October



Buy a
pumpkin
today



Decorate the
house with
Halloween or
Autumn
decorations



Dress up in your
favourite
costume today



Read a book



Have your
favourite food



Call or
face-time a
friend or family
member



Draw a
picture



Spend time in
nature



Visit your local
park



Carve a pumpkin
with family



Try some
Halloween or
Autumn craft



Watch your
favourite movie



Sing or dance
to your
favourite song



Sit outside
in the garden



Get creative



Do some
exercise



Organise your
bedroom or
quiet space



Do 10 minutes
meditation or
relaxation

