



# My Mid Term Break Activity Schedule - Week 1

Choose up to 2 fun activities for each day

Monday  
19th October

Tuesday  
20th October

Wednesday  
21st October

Thursday  
22nd October

Friday  
23rd October

Saturday  
24th October

Sunday  
25th October

# My Mid Term Break Activity Choices

 Buy a pumpkin today	 Decorate the house with Halloween or Autumn decorations	 Dress up in your favourite costume today	 Read a book	 Have your favourite food	 Call or face-time a friend or family member	 Draw a picture	 Spend time in nature	 Visit your local park
 Carve a pumpkin with family	 Try some Halloween or Autumn craft	 Watch your favourite movie	 Sing or dance to your favourite song	 Sit outside in the garden	 Get creative	 Do some exercise	 Organise your bedroom or quiet space	 Do 10 minutes meditation or relaxation
 Try some baking today	 Aim for 8 hours sleep tonight	 Eat some fruit today	 Talk to a friend today	 Treat yourself to something nice with your pocket money	 Enjoy your favourite drink	 Take a bath	 Complete a jigsaw puzzle or play a board game	 Make a list of things you're thankful for