

# My Autumn Mid Term Break Activity Schedule

Choose up to 2 fun activities for each day

Monday  
25th October

Tuesday  
26th October

Wednesday  
27th October

Thursday  
28th October

Friday  
29th October

Saturday  
30th October

Sunday  
31st October

# My Autumn Mid Term Break Activity Choices



Visit a pumpkin patch or buy a pumpkin today



Decorate the house with Halloween or Autumn decorations



Dress up in your favourite costume today



Read a book



Have your favourite food



Call or face-time a friend or family member



Draw a picture



Spend time in nature



Visit your local park



Carve a pumpkin with family



Try some Halloween or Autumn craft



Watch your favourite movie



Sing or dance to your favourite song



Sit outside in the garden



Get creative



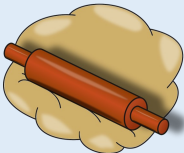
Do some exercise



Organise your bedroom or quiet space



Do 10 minutes meditation or relaxation



Try some baking today



Aim for 8 hours sleep tonight



Eat some fruit today



Talk to a friend today



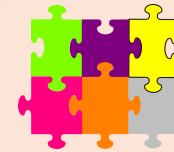
Treat yourself to something nice with your pocket money



Enjoy your favourite drink



Spend time on personal care



Complete a jigsaw puzzle or play a board game



Make a list of things you're thankful for